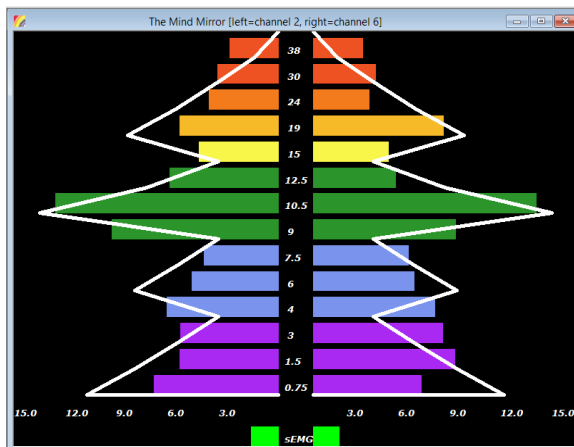


## WHAT IS THE AWAKENED MIND?

The Awakened Mind is the brainwave pattern of the world's top performers and producers. It is most often seen in advanced meditators, artists, CEOs, researchers, hands-on-healers, intuitives, and other self-actualized people with a high degree of creativity, self-awareness and personal mastery.

These calm, inwardly focused people tap their subconscious intelligence for solutions to challenges, to stimulate flow, and to self-evolve.

With practice—and a Mind Mirror®—any normal person can develop this ideal state of consciousness.



The Awakened Mind was discovered by British biophysicist and psychobiologist C. Maxwell Cade, who invented the Mind Mirror® EEG in 1976. Cade and his successor, humanistic psychologist Anna Wise, taught more than 10,000 people to attain this high-performance pattern.

The evolutionary Cade-Wise research and healing work continues today through the Institute for the Awakened Mind. IAM is an international consortium of Awakened Mind® trainers using the Mind Mirror® to expand human consciousness as the means to personal and planetary transformation.

## THE PERFECT TOOL FOR THERAPISTS AND RESEARCHERS

The versatility of the Vilistus Mind Mirror® makes it the perfect tool for Awakened Mind® consciousness trainers, biofeedback/neurofeedback therapists, psychologists, and professional researchers.

The integrated Mind Mirror®, Galvanic Skin Response, Blood Volume Pulse, and Temperature sensors teach clients to relax, regulate their physiology, and attain deep meditation to resolve issues, unblock creativity, and harmonize the body, mind and spirit.

The Clinical Q (mini-QEEG), a wide array of protocols, and audio-visual feedback in the Vilistus Pro software make it easy for neurofeedback therapists to assess and address neurological issues.

Professional researchers in hospitals and universities rely on Vilistus for their studies on mind-body interactions and the effects of stress.

*"As an electronics engineer and MBA, I felt that I could use technology to understand what was going on inside me and in others. The results of the Mind Mirror® EEG were quite remarkable as they indicated the brain states accurately and dynamically. Now I use the Mind Mirror® to bring about profound transformation in my coaching clients and students."*

Amit Kohli, executive coach, New Delhi, India



**BUNDLED PURCHASE OPTIONS**  
Practitioner Kit: EEG, GSR and BVP  
Self-Training Kit: EEG only

## VISIT US

*"Since beginning self-training with the Mind Mirror®, I have noticed many spontaneous recurrences of the Awakened Mind entering into my client sessions. Deepening into meditative and hypnotic states has never been so easy! This was an awesome investment!"*

David Fairweather, PhD, clinical hypnotist and certified psychotherapist, Toronto, Canada

*"The Mind Mirror® opened some 'doors of perception' for me that I am going to further pursue. Thank you for introducing my son and me to this new language, this new way of perceiving."*

Warren Anderson, environmental attorney, Sarasota, Florida

*"Wonderful stuff! You folks have succeeded in generating a package which is a real gift to the field. Thanks. I feel fortunate to have such a useful tool in my hands!"*

Nick Goloff, retired engineer, business owner and self-trainer

## CONTACT

Judith Pennington  
Worldwide Distributor  
Email: [judith@awakenedmind.org](mailto:judith@awakenedmind.org)  
Phone: +1 (610) 570-1107

# The Vilistus Mind Mirror® 6

AWAKENING

INSIGHT

CREATIVITY

FLOW

## DISCOVER YOUR POWER AND POTENTIAL

Taking EEG biofeedback to the next level, the Vilistus Mind Mirror® 6 is the only program that guides people to the brainwave patterns of deep, profound meditation and the awakened mind of creative flow and peak performance.

The Mind Mirror®, a unique, composite EEG, measures the rhythms of both sides of the brain across a range of frequencies. Precise real-time readings enable practitioners to guide clients and self-trainers to adjust their brainwave patterns to the most coherent, efficient, and productive states of mind.



Three integrated instruments—GSR, Pulse, and Temperature—teach physiological self-regulation and provide body-mind correlates for enhanced lucidity, health and well-being.

Building on 40 years of authoritative research, the Mind Mirror® 6 is the perfect—and only—time-proven solution for instrument-led meditation and consciousness training. The Mind Mirror®'s sophisticated features, innovative user controls, and advanced analytical tools firmly position it on the leading edge of global mind research and development.

The multimodal Vilistus neurofeedback/biofeedback unit, operating on Bluetooth or USB connectivity, is the most affordable real EEG device on the market. It is compact, portable and easy to use.

## A REVOLUTIONARY SELF-TRAINING PROGRAM

Are you in the state of consciousness you want to be in? If not, the technology behind the Mind Mirror® and its scientific meditation techniques will help you achieve the internal states you desire.

Safe and simple to use, the Mind Mirror® takes the struggle out of meditation. While you sit quietly and relax, your brain adjusts itself to attain audio rewards that unite the frequencies of your brainwaves and expand your mind's awareness.

You will find it amazingly easy to achieve brainwave mastery, speed up meditation training, and develop higher states of awareness. The self-training program will help you become calmer, clearer and more creative. You will be able to master your thoughts, emotions, and physical health in ways you never thought possible before. Just a few of many benefits include:

- Relaxation, stress reduction, lower blood pressure and cholesterol.
- Balanced brain function for clearer and sharper thinking.
- Synchronization of your body-mind.
- Focused awareness and sustained attention.
- The awakened mind of clarity, creativity, insight and intuition.
- Inner peace and equanimity.
- Creative solutions to personal and work challenges.
- Heightened awareness and a greater enjoyment of life.

Variable challenge levels, a summary brainwave pattern, and simplified statistics keep you on the right track. A generous two-year warranty on all hardware, free lifetime software updates, comprehensive user manuals, free instructional videos, monthly webinars, and 24/7 customer and technical support offer ease and peace of mind.

We provide everything you need, when you need it.

## PEAK PERFORMANCE TRAINING FOR CORPORATIONS

In the business world, peak performance training is the acknowledged fast-track to higher productivity and lower costs. Employees who are relaxed, focused and creative do the best work, enjoy their jobs more, and maintain good health.

Scientific studies show that meditation's focused awareness, sustained attention, inner visioning, and mental fluency awaken the mind, body and spirit to their greatest powers and potential—the definition of peak performance.

The awakened mind of creative flow—calm, contemplative, and steady under stress and pressure—is evident in all top performers. Awakened Mind® training with the Mind Mirror® can help anyone find the peak performance zone and stay in it.

No other EEG system beats the Vilistus Mind Mirror® 6 when it comes to effectiveness.

- We make site visits to your company to demonstrate how the mind works and the benefits of Awakened Mind® meditation training.
- We provide user manuals, instructional videos, and 24/7 customer and technical support.
- We help company trainers set up a training station in a quiet room, where employees can train themselves.
- We monitor your employees' progress to ensure their success.

A large ball of yellow yarn is the central focus, with several black lines radiating outwards from it, suggesting energy or focus. Below the ball is a small, simple line drawing of a bowl filled with yarn. To the right of the ball, there are two text boxes with quotes and names, connected to the main image by thin lines.

Our easy-to-use self-training applications range from relaxation and stress reduction to the enhancement of creativity and intelligence. They will help your people combine external focus with calm, creative inner awareness for the precision edge that succeeds and wins.

We invite you to contact us to discuss the Mind Mirror® and how our global network of Awakened Mind® trainers can serve you.

*"I really like the way that I feel and function when I use my Vilistus Mind Mirror® daily. I not only feel more peaceful and more positive, my memory and cognitive functions are better."*

Alston J. Balkcom, insurance broker, Bridgeport, Connecticut

*"The fruits of steady practice manifest in clearer focused thinking, more 'aha' moments, and more grounded calmness! Thank you!"*

Marv Jolly, jazz musician and composer, Buffalo, New York

With peak performance training, you will see positive and beneficial results in your employees, managerial staff, and executives right away. These benefits will only increase over time.